



SADHANA

Indian Waldorf Kindergarten Association

FOUNDATION COURSE

WALDORF EARLY CHILDHOOD TEACHER TRAINING
DWARKA EXPRESSWAY, GURUGRAM



*A Certified Course
by*

SADHANA,

Indian Waldorf

Kindergarten Association

REGISTRATION OPEN

TO KNOW MORE

Call us on

9372513103 / 9873908069

NEW BATCH
STARTS ON
JULY 8TH, 2023

4 months course ~
every month we meet for
5 consecutive days.

WHO CAN JOIN

Individuals interested in understanding alternative natural ways of early childhood education and care.

Working Kindergarten Teachers.

Individuals aspiring for setting up kindergartens

Individuals interested in careers in Early Childhood Education.

DAYS RHYTHM FOR THE TRAINING

Reading of the Verses

Calendar of the Soul

Singing

Main Topic of the Day

Text Study

Artistic Work

Review

TIMING

9:30 am to 5:00 pm

COURSE CONTENT

Rudolf Steiner & his philosophy

Child development (0 to 7) in light of Anthroposophy

An insight into Waldorf Education - early years

Practical implementation and methodology

Artistic and handwork activities

Class observation

The Foundation Course in Waldorf early childhood education by **SADHANA**, is a certified course, recognized by the International Association for Steiner/Waldorf Early Childhood Education **IASWECE**.

Sucheta Garud

A MSC in Physics from Pune University who began her career as a Waldorf kindergarten teacher in Abhaya School, Hyderabad (2003-2010). Since 2010 she has been Supporting, Training and Mentoring Kindergarten Teachers across India.

She is on the Advisory Board for Rainbow Bridge, Navi Mumbai since its inception. She is a Council member representing Sadhana, Indian Waldorf Kindergarten Association on IASWECE ie. International Association for Steiner/ Waldorf Early Childhood Association.

She has facilitated kindergarten groups in conferences like the IPMT, Khandala for over 5 years and the National Kindergarten conference for 2 years .

Ms Sucheta is also the founder trainer to have initiated the Waldorf Kindergarten training which started in 2014 in Navi Mumbai.

Training Dates

July 8th - 12th

August 1st to 5th

Aug 31st to 4th Sept

Sept 27th to 1st Oct

Timing :
9:30 am to 5:00 pm

Preeti Misra

A commerce and a post graduate in NGO Management who met Anthroposophy in 2009. She founded Rainbow Bridge, A Waldorf Early Child Care Centre in Belapur, Navi Mumbai in 2011 and Aatman Toys in 2020.

Being a Simplicity Family Life Coach, she has also been guiding parents over the years. Being an active member of the anthroposophical community she has been involved in organising and coordinating conferences like the IPMT, Steiner Painting course and others.

She manages the Administration and Finance of Sadhana, Indian Waldorf Kindergarten Association and also facilitates teachers group in the National conference.

She has been instrumental in initiating the Waldorf Kindergarten Training which started in 2014 in Navi Mumbai.

DETAILED COURSE CONTENTS

ANTHROPOSOPHY AND HUMAN DEVELOPMENT

An understanding of Anthroposophy and the works of Rudolf Steiner, Anthroposophical understanding of the human being

CHILD DEVELOPMENT AND WALDORF EDUCATION

Overview of Waldorf Education and an in depth understanding of the early years, Child development (Birth to 7 years), Movements and sensory development , Basic nature of the child - role of imitation, reverence, gratitude and importance of play, Development of the will, Development of movement, language and thinking in the first 7 years, Child observation and text study, Health and nutrition .

SELF DEVELOPMENT

Nature study and Teachers Inner preparations

PRACTICAL ACTIVITIES

Rhythm of the day, week and year, Festivals and their celebration, Indoor and outdoor environments for young children, Meaningful purposeful work and domestic arts, Hand gesture games, Storytelling , An introduction to music and mood of the fifth, Rhythmic games, movement, Working with mixed-age groups, Bodily care of the young child, Report writing

PROFESSIONAL AND SOCIAL ASPECTS OF WALDORF EDUCATION

Working with colleagues , Working with parents and building a healthy Community.

ARTISTIC AND HANDWORK ACTIVITIES

Singing, Painting with children, Handwork and crafts - Sewing, knitting, puppet and doll making

The course lays a strong foundation of the Waldorf early childhood education and prepares the teachers to practically start working with the Waldorf principles in a kindergarten classroom set up. The teachers are thoroughly aware and know the what , why and how to work with children applying practically the pedagogy that they have oriented themselves towards during the training course.

WHAT DOES THE COURSE OFFER

It gives full understanding of child development till first seven important years and an overview of 21 years. Along with that, the practical understanding of the Waldorf Kindergarten curriculum.

This course prepares a teacher to enter the beautiful world of little children with a lot of awareness.

It is a path of self development too !!

Anthroposophic approach towards the education is that it should be in such a way that it supports the healthy development of the child.!!



We invite you to join us on this path for this great realisation !!